VELODYSSEY

Highlights

Along the Vélodyssée
Vineyards
Atlantic Coast
Towns of Art and History
UNESCO sites

FRANCE À VÉLO

FROM NANTES TO LA ROCHELLE - CLASSIC

La Vélodyssée is a cycling itinerary linking Nantes to La Rochelle, crossing varied landscapes between the Atlantic Ocean and the countryside. The route allows you to discover the region's natural and cultural treasures, such as the Poitevin marshes, wild beaches and pine forests. This route is ideal for enthusiasts looking for an adventure in the heart of Brittany and the Nouvelle-Aquitaine region.

LEVEL	KM	DURATION	DEPARTURE
●●○○	300	8 Days 7 Ntghs	Daily 15.04 - 15.10.25

Day 1 Arrival

Arrive in Nantes, birthplace of French writer Jules Verne and famous for its unique Verne-inspired Machines de l'île. It features a giant mechanical elephant that takes visitors on rides through the city. The town is also famous for its medieval Château des Ducs de Bretagne and its Muscadet wine.

Day 2 Nantes - St Brévin les Pins 60 km

Leaving the city, you follow the Loire, admiring its impressive river scenery. Crossing the Breton hinterland, you join the coastal cycle path, passing several ports and locks with their famous fishing boats. Arrive at Saint-Brevin-les-Pins, famous for its beaches, dunes and the Serpent d'océan, an emblematic work of art.

Day 3 St Brévin - Pornic 20 km

Leaving Saint-Brevin-les-Pins, you'll follow the coast towards Pornic, passing through landscapes of dunes and pine forests. In Pornic, take a break to admire its charming harbor and its castle overlooking the ocean. You'll then follow the Vélodyssée along the coast, between wild creeks and salt marshes, before reaching Bouin, in the heart of the Breton marshes, where oyster farming and vast stretches of wilderness provide a unique backdrop.

Day 4 Pornic – Fromentine - Notre Dame de Monts 55 km

Departing from Pornic, you cross the Breton marshes to Fromentine. Take a break to admire the Pointe de la Fosse lighthouse before continuing on to the seaside resort of Notre-Dame-de-Monts, renowned for its beaches and unspoilt nature.

Day 5 Notre Dame de Monts – Sables d'Olonne 58 km

Leaving Notre Dame, you'll follow the Vendée coastline, with its protected natural sites and typical villages such as Saint-Jean-de-Monts. Approaching Les Sables d'Olonne, you'll discover the lively port and beaches of the famous seaside resort. It's a pleasant stopover, ideal for enjoying the sea and the tranquility of the Vendée.

Day 6 Sables d'Olonne – La Tranche sur Mer 40 km

You'll follow the Vendée coastline, offering breathtaking ocean views. You'll cross beautiful beaches, such as those at Talmont-Saint-Hilaire, and observe wild, unspoilt landscapes. At La Tranche-sur-Mer, you'll enjoy a friendly seaside resort with beaches renowned for swimming and water sports. This stopover combines nature, relaxation and a seaside atmosphere.

Day 7 La Tranche sur Mer – La Rochelle 67 km

Departing from La Tranche-sur-Mer, you'll follow the coast through the marshes and forests of southern Vendée. After a pause at Esnandes to admire the Baie de l'Aiguillon, you enter the Charente-Maritime region and reach La Rochelle, with its old port, emblematic towers and unique maritime atmosphere.

Day 8 Departure

It's the last day and time to say "see you soon"!

SELF-GUIDED CYCLING TOUR

Saint Brevin les Pins · Nantes · Pornic · Fromentine · Notre Dame de Monts · Sables d'Olonne · La Tranche sur Mer · La Rochelle · Parc naturel régional du Marais poitevin

ROUTE CHARACTERISTICS

Sometimes on paved cycle paths, sometimes on small country roads. A few climbs, but no great difficulty.

SERVICES INCLUDED

- 7 nights in 3*- 4* hotels
- Daily breakfast
- Welcome talk
- Bike delivery and collection
- Daily luggage transfer
- Itinerary on our app
- Route book, maps and information material
- 7/7 Service Hotline

PER PERSON

ROOM

B&B DBLE / SGL	1120 € / 1555 €
Seasonal supplement 01.07 - 31.08	1210 € / 1605 €

EXTRA NIGHT

Nantes DBLE / SGL	105 € / 179 €
St Brevin DBLE / SGL	89 € / 152 €
Pornic DBLE / SGL	84 € / 143 €
Nord de Monts DBLE / SGL	71 € / 114 €
Sables d'Olonne DBLE / SGL	80 € / 140 €
La Tranche sur Mer DBLE / SGL	90 € / 143 €
La Rochelle DBLE / SGL	99 € / 179 €

BIKE RENTAL

21/27-Gear Hybrid bike	215 €
E-Bike (250 € deposit)	230 €

City tax is not included and has to be paid on the spot.

POSSIBLE OPTIONS

Rental of helmets, phone holder

NB: It is possible to shorten the stay by reducing the