

GARONNE, LOT AND CANAL DU MIDI



MULTIFACETED SOUTHWEST FRANCE

The southwest of France is still a real insider tip. The towns on its banks bear witness to a rich cultural and historical past. You follow the beautiful river valleys of the Garonne, the Lot and the Canal du Midi and enjoy the view of idyllic landscapes, bastides proudly perched on rocky outcrops. A rich treasure to discover! The fruit and vegetable garden of southwest France is hidden here, with the famous plums (Pruneaux d'Agen) - the stars of the region - strawberries and hazelnuts as far as the eye can see. As far as the eye can see. An enjoyable French potpourri by bike!

LEVEL



KM

257

DURATION

7 Days
6 Nights

TRAVEL DATES

01.06 - 07.06.2025
13.07 - 19.07.2025

Day 1

Journey to the vicinity of Toulouse Room check-in at the hotel, welcome and first French dinner.



Day 2 Agen - Moissac 47 km

We follow this unique and romantic cycle path along the Canal de Garonne to the bastide of Valence-d'Agen. Visit the bastide, founded in the 13th century, with its small alleyways, wash houses and the church of St. Vincent.



We continue through the Garonne valley to Moissac and visit the former Benedictine abbey of St-Pierre. The reliefs and sculptures of the unique figural portal have visionary power, 76 historic capitals and a beautiful cloister are waiting to be discovered.

Day 3 Marmade - Agen 52 km

The theme of remarkable gardens is first on the program. The Notre-Dame Convent Garden is located in Marmande next to the Notre-Dame church and is now classified as a remarkable garden. It is a classic garden of topiary art with drawings of massive boxwood and yew trees inspired by those of the famous Château de Langeais. The plants take place around the pool in a spirit of harmony and appeasement. In 1996, Alain Jay and his son Sébastien, nurseryman from father to son, created a themed Beauchamp garden. Inspired by different regions of the world, you will be immersed in different and colorful atmospheres: Zen, patio, undergrowth, parish garden, palm garden, ... along the water in the form of a river, a pond, a Tuscan stream with tall cypress trees or even an organic pond for koi carp. On the way to Agen, we stop at the architectural jewel of St. Vincent's Church with Rembrandt's "Christ on the Cross" as an encore.



Day 4 Tag Aiguillon - Villeneuve s/Lot 48 km

A relaxed cycle tour leads from the confluence of the Garonne and the river Lot into the Garonne valley. Castles and dovecotes accompany the route and bear witness to the historical past, dating back to the 12th - 14th century. Today, this is the home of strawberry production.





Day 5 Montauban – Toulouse 60 km

Transfer to Montauban. We start at the old bridge in the center. Its arcades have been arching over the Tarn since the Middle Ages. Here, the city shows its most beautiful side with its orange brick architecture.



On the right bank, the former archiepiscopal palace with the Ingres Museum and on the left bank the stately town houses. They remind us that Montauban was a town of successful merchants, despite its past as a "safe haven" for Protestants, which is why it incurred the wrath of Louis XIII. After a beautiful cycle route along small side roads, we return to the Canal de Garonne and enjoy the peace and quiet before entering the lively capital of Occitania: Toulouse.



The city tour through the "red city" begins here, the setting sun makes the city glow! Off we go into the hustle and bustle of Toulouse's old town. From the Place du Capitole we visit the remains of Thomas Aquinas: they lie in the altar shrine of the Jacobin church.

Day 6 Toulouse - Naurouze 50 km

Today's stage starts with a visit to the Halle de Machine. The imaginary worlds of Jules Verne and the mechanical universe of Leonardo da Vinci move in the form of machines, some of which are gigantic in size! From here, the cycle tour starts, which undoubtedly leads along the most beautiful canal in France: An important stop is at Naurouze, the watershed between the Atlantic and the Mediterranean. Return transfer to Toulouse.

Day 7 Toulouse

Departure or extension. We strongly recommend a visit to the Cité de l'Espace theme and adventure park.

Option: Transfer back to the airport



GUIDED BIKE TOUR



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- 13.07 – 19.07.2025

INCLUDED SERVICES

- 4 nights in a 3-star Château hotel near Agen
- 2 nights in a 4-star charm hotel in Toulouse
- Use of the swimming pool
- Extensive daily breakfast buffet
- 4-course menu in the evening
- 6 lunch picnics with regional specialties incl. drinks
- 1 wine tasting
- Qualified tour guide during the entire trip
- Guided tours as per program
- All entrance fees
- All transfers mentioned

Pick-up at Toulouse airport possible on request

PER PERSON

ROOM

DBLE/DU/WC/VP	1420 €
SGL/DU/WC/VP	1790 €

BIKE RENTAL

21/27-Gear- Hybrid bike	90 €
E-Bike (250 € Deposit)	170 €

