

# SOUTH AFRICA



## SOUTH AFRICA - A LAND OF IMPRESSIVE CONTRASTS

Our bike trip along South Africa's southern coast is awe-inspiring in its breathtaking diversity. After a safari in South Africa's second-largest national park, our bike tour follows the wild, rocky coastline of the Garden Route and includes pristine forests, mountain and steppe landscapes, such as the Outeniqua Mountains and the steppe of the Little Karoo, center of ostrich farming. Before approaching Cape Town's vineyards, we drive along the beautiful coastline, passing secluded valleys, picturesque villages and plant-rich areas. The landscape is marked by distant vistas. In Cape Town, we reach the modern architecture at the foot of Table Mountain. During a hike and a magnificent bike ride, both sides of Cape Town open up to us and become imprinted in our memory.

LEVEL



KM

683

DURATION

18 Days  
17 Nights

DATES

24.02 - 13.03.25

### Day 1 Departure from Frankfurt

Meet in Frankfurt for joint departure to Port Elizabeth.



### Day 2 Arrival in Port Elizabeth

After arrival in Port Elizabeth, a short transfer to the 4\* lodge is organized. Free time to relax by the pool and take a short tour of the most beautiful buildings from the Founders' era.

### Day 3 Safari in Addo National Park & Tsitsikamma bike tour 54 km

In the morning, we set off first without bikes into Addo Elephant Park. An unforgettable experience! Elephants can be seen here, as well as elephant antelopes, steppe zebras, warthogs, kudus and lions. During the open jeep safari, you're particularly close to the wildlife. From here, we head for the Tsitsikamma mountain range. A kind of moorland landscape lies on the cycle track, which follows a quiet side road.

A magnificent lodge awaits you for dinner and an atmospheric late evening.

### Day 4 Tsitsikamma - Nature's Valley 58 km

Before entering Tsitsikamma National Park, the bike path crosses an impressive plateau with vast forests. From here, a fast, winding descent leads to the mouth of the Storms River. Shortly before arrival, you'll take an hour's ride to witness the wild and tumultuous spectacle of the Storms River. After a picnic by the sea, you return to the plateau and cross the beautiful Bloukran Valley to Nature's Valley.

### Day 5 Hiking in the Tsitsikamma Rainforest 37 km

Again today, you first set off without a bike into the dense jungle of Tsitsikamma National Park. During the hike, you'll see baboon bears and bushboks surrounded by the magnificent coastal fynbos. In the afternoon, you're spoilt for choice: either the mile-long coastal landscape with one of the most beautiful beaches, or a 37 km bike tour.

### Day 6 Knysna Forest - Uniondale 46 km

Not only does the rainforest and finally the Kiefern Forest make today's cycling route a real highlight, but the ride across the wild ridge and Prince Alfred's Pass offers our eyes a breathtaking and impressive natural setting. Acacias and succubus species of incredible diversity come into view, forcing us to make several photo stops.

### Day 7 Uniondale - De Rust 64 km

Large stretches of road, but also lonely stretches, form an interesting contrast to yesterday's cycling day. The eastern Little Karoo presents a bizarre and varied landscape. The view of the 2000 m high Swart-Tberge mountain range is particularly beautiful.

### Day 8 Rust - Kango Cave - Oudtshoorn 68 km

Freshly invigorated, today's cycling route first skirts the foot of the Swartberge. The destination is the Kango stalactite caves. The Can-go Caves are among the most extensive and largest stalactite cave systems in the world. After visiting the caves, we descend through the Schoe-man Gorge to Oudtshoorn, the center of ostrich farming.



### Day 9 Oudtshoorn - Mossel Bay 58 km

Again today, the bike ride leads to one of South Africa's many mountain passes. The Robinson Pass (860 m) is reached after crossing the Olifants River. A gentle climb takes you past sheep and goat farms. At the end of the day, the bike tour leads to Mossel Bay, with its constant panoramic views.





### Day 10 Albertinia - Riversdale 54 km

In 1488, Portuguese navigator Bartolomeu Dias reached the site of today's Mossel Bay. A visit to the Dias Museum provides an insight into the worldwide development of sailing ships and the exploration of Africa. Another short transfer and the bike tour can begin. In Albertinia, you'll discover the center of aloe cultivation, and from there, the bike path takes you through rolling farmland to Riversdale.

### Day 11 Riversdale - Swellendam 62 km

Today's elevation profile is a little more demanding. You pass the Sleeping Beauty mountain formation to Heidelberg, then ride mainly on asphalt to Swellendam, South Africa's third oldest town, founded in 1743.

### Day 12 Swellendam - Hermanus 34 km

A visit to the Drostdy Museum provides a remarkable insight into how the Boers settled in Cape Town in the 17th century. The Boers are descended from the mostly Dutch-speaking, but also German-speaking and French-speaking settlers who founded a new nation in the Dutch East India Company colony at the Cape of Good Hope in 1652. From here, we ride along well-situated vineyards to the winery, which presents local wines at a tasting session and brings the day's cycling to a pleasant close. Bus transfer to Hermanus.

### Day 13 Hermanus - Gordon's Bay 36 km

A visit to the Betty's Bay penguin colony is certainly one of the highlights of the day. A magnificent sight. On the coastal road to Gordon's Bay, if visibility is good, Cape Town is always visible. But first, the Stellenbosch wine route and the soon-to-be-reached dream hotel beckon.

### Day 14 Villiersdorp - Stellenbosch 52 km

A one-hour transfer takes you to the Theewaterskloof dam. A varied route begins along the Cape's largest drinking water supply lake and later through the Capensis, a UNESCO World Natural Heritage Site. Fascinating protea and ericaceous plants can be found here, as well as cliff birds and baboons. Less than 800 metres away, there's an impressive view of the Franschhoek wheat-growing region, which translates as the French corner.

We pass vineyard farms and arrive at the Boschendal winery. Lunch break in a 300-year-old manor house. Return to Stellenbosch. Numerous café terraces, galleries and craft stores await you.



### Day 15 Cape of Good Hope 60 km

Our destination, the Cape Peninsula, draws ever closer. Passing through several neighborhoods, we stop off at a kindergarten in the Khayelitsha district. This district is taking part in a project to present the social structures and educational and training challenges facing the city of Cape Town. The journey continues along False Bay to the Cape of Good Hope. From Cape Town, we hop on our bikes and ride along the western side of the Cape Peninsula to Cape Town. The coastal route through Chapman's Peak and Hout Bay is rightly considered one of South Africa's most breathtaking roads - a real pleasure.

### Day 16 Hiking on Table Mountain on Table Mountain

The Kirstenbosch Botanic Garden is one of the most important gardens in the world. It is home to over 15,000 plant species. For a particularly intense view of biodiversity, we climb Table Mountain in a side valley at the back of the mountain. At 1087 m, we reach the MClears Beacon, the highest summit. We now walk along the edge of Table Mountain - an incredible experience! The four-hour hike leads to the top station of the cable car, which takes us back down to Cape Town. The view of Cape Town is breathtaking. In the afternoon, visit the Malay Quarter, Greenmarket Square, the 8-hectare Company's Garden and the Parliament Building.

### Day 17 Return flight

Transfer to Cape Town airport and, if required, opportunity to visit the many markets.

### Day 18 Frankfurt

Return to Frankfurt in the morning.

#### GUIDED BIKE TOUR



#### TRAVEL DATES

• 24.02. - 13.03.2025\*

Minimum number of participants up to maximum :

\* Supplement of 90€. 10 people 16 people

#### INCLUDED SERVICES

- Accommodation in 3 to 5 star hotels, comfortable lodges and guesthouses in double rooms with bath/shower/WC
- 16x extended breakfast or breakfast buffet
- 3x lunch
- 12x dinner
- Qualified English-speaking cycling guide
- 2 wine tastings
- Escort vehicle
- All mentioned routes in air-conditioned minibus
- All entrance fees for mentioned visits
- 21-speed rental bike without coaster
- Luggage porter fees
- Tourist tax and local tax

#### PER PERSON

ROOM	
DOUBLE ROOM/SHOWER/WC/HALF BOARD	3860 €
SINGLE ROOM/SHOWER/WC/HALF BOARD	4700 €
BICYCLE RENTAL	including
21-speed touring bike Electric bike	220 €

#### ADDITIONAL SERVICE

Flight arrangement with FRANCE À VÉLO 1380 € Condorug Frankfurt - Johannesburg direct and onward Airlink Port Elizabeth Condorug Cape Town - Frankfurt direct

